

CLAIMS

What is claimed is:

- 5 1. A system for treating a condition of a patient, comprising:
 - a radiation-emitting device for heating tissue of a patient by emitting at least one radiation wavelength in at least one of the visible and infrared wavelengths; and
 - a massaging mechanism for massaging a skin surface of the patient for a selected time period;
- 10 wherein the exposure of the tissue to the radiation wavelength and the massaging of the skin surface treats the condition.
2. The system of claim 1, wherein the radiation-emitting device comprises a laser.
- 15 3. The tissue treatment system of claim 1, wherein the massaging mechanism comprises an automated mechanical massaging mechanism.
4. The system of claim 1, wherein the radiation-emitting device emits radiation in both the visible and infrared wavelengths.
- 20 5. The system of claim 1, wherein the radiation-emitting device emits radiation in a concentric combination of infrared radiation and visible radiation.
6. The system of claim 1, wherein the condition comprises having excess cellulite and
- 25 treatment of the condition comprises a reduction of the excess cellulite.
7. The system of claim 1, wherein the at least one radiation wavelength ranges between about 650 nanometers and 1295 nanometers.
- 30 8. A method of using a condition treatment system having a radiation-emitting device and a massaging mechanism for treating the condition, the method comprising the steps of:

exposing tissue of a patient to radiation emitted from the radiation-emitting device at a predetermined wavelength for a predetermined period of time; and

massaging a skin surface of the patient proximal to the tissue with the massaging mechanism.

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9. The method according to claim 8, further comprising the step of calculating the predetermined wavelength and the predetermined period of time based at least partially on a measurement of cellulite in an area of the tissue being treated.

10 10. The method according to claim 8, wherein the step of exposing the tissue comprises applying a laser radiation to the skin surface proximal to the tissue.

11. The method according to claim 10, wherein the laser radiation applies a concentric combination of infrared and visible laser light to the skin surface.

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12. The method according to claim 8, further comprising the step of exposing the skin surface to an application of infrared radiation.

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13. The method according to claim 12, wherein the application of infrared radiation occurs in a continuous wave.

14. The method according to claim 12, wherein the application of infrared radiation occurs at predetermined locations corresponding to lymphatic drainage meridians.

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15. The method according to claim 12, wherein the application of infrared radiation heats at least one of deep tissue, tendon, fascia, muscle, and bone within the patient.

16. The method according to claim 8, wherein the step of massaging the skin surface comprises utilizing a mechanical massage mechanism.

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17. The method according to claim 8, wherein the step of massaging the skin comprises massaging from points distal from a heart of the patient to points proximal to the heart of the patient to encourage fluid flow toward the heart.

18. The method according to claim 8, wherein the step of massaging the skin comprises massaging in predetermined patterns of motion.
- 5 19. The method according to claim 8, wherein the predetermined wavelength ranges between about 650 nanometers and 1295 nanometers.
20. The method according to claim 8, wherein the predetermined time periods range between about 5.5 minutes and 12 minutes.